

OrthoCarolina

Sports Medicine / Shoulder and Elbow Fellowship

Jim Fleischli, MD
Fellowship Director

OC Sports Fellowship

- Introduction: Welcome!

- Charlotte

- Population 1,701,799 in metro area
 - Midway b/w Atlantic Ocean and Appalachian Mountains
 - Lake Norman and Lake Wylie
 - “Nice place to live for a year”

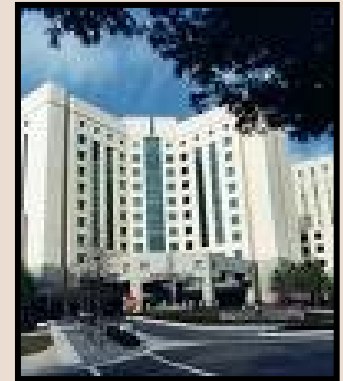
- OrthoCarolina

- Big Group (80 MDs), Strong Reputation
 - Private Practice With Strong Academic Affiliation
 - CMC Residency, Research, 4 Fellowships
 - Lots of external and internal referrals
 - Tertiary care center
 - Level One Trauma referrals
 - Complex S / E Trauma, Knee Dislocations, Cartilage Lesions



OC Sports Fellowship

- Hospital Systems
 - CHS (Main, Mercy Hospital)
 - Novant (Presbyterian Ortho Hospital)
- Charlotte Surgery Center (CSC)



OC Sports Fellowship

- Primary Faculty
 - Pat Connor, MD
 - Columbia Shoulder Fellowship
 - Mayo Elbow Fellowship
 - Carolina Panthers, Charlotte Knights (Triple A White Sox affiliate), Joe Gibbs Racing
 - Don D'Alessandro, MD
 - Kerlan Jobe Sports Fellowship
 - Davidson College, Charlotte Country Day, Providence HS
 - Jim Fleischli, MD
 - ASMI Sports Fellowship
 - UNCC, Charlotte Knights, Myers Park HS, Olympic HS, East Meck HS

OC Sports Fellowship

- Rotations
 - 2 Fellows
 - 2 Month Rotations
 - 2 Rotations with each attending

OC Sports Fellowship

- Connor
 - Shoulder, Complex Elbow, Sports
 - Panthers, Knights, Racing
 - HS football



OC Sports Fellowship

- D'Alessandro
 - Shoulder and Elbow, Sports
 - Davidson
 - HS football



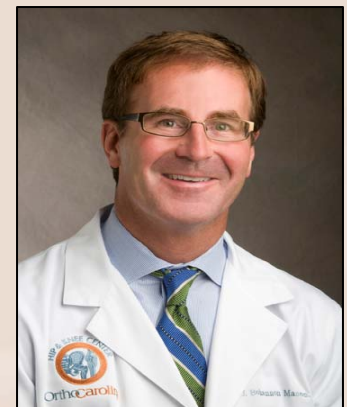
OC Sports Fellowship

- Fleischli
 - Sports Shoulder and Elbow, Complex Knee / Cartilage Restoration
 - UNCC, Knights
 - HS football



OC Sports Fellowship

- Other Participating Faculty
 - Dr. Dana Piasecki
 - Rush Sports Fellowship
 - Sports, Complex Knee / Cartilage Restoration
 - Dr. Bo Mason
 - NE Baptist Adult Reconstruction Fellowship
 - Insall Traveling Fellow
 - Hip Arthroscopy
 - Friday AM



OC Sports Fellowship

- Myers Park Clinic
 - CHS run resident clinic
 - Function as attending for Sports, S / E cases
 - Independent Surgery Experience
 - Opportunity to teach residents

OC Sports Fellowship

- Research
 - Priority of the fellowship
 - At least ½ day / week for research
 - OrthoCarolina Research Institute (OCRI)
 - Helps facilitate research projects
 - Study Design and Implementation
 - Grant Applications
 - Data Collection
 - Statistics
 - OC prospective research database
 - FDA trials

OC Sports Fellowship

- Research
 - Other Resources
 - CHS Biomechanics Lab
 - Dr. Rick Peindl
 - CHS Histology and Animal Lab
 - Dr. Helen Gruber
 - UNCC Biomechanics and Kinesiology Lab
 - Dr. Nigel Zheng

OC Sports Fellowship

- **Sample Fellow Case Log**

- Dr. Bobby Morgan (2008 / 2009)

- **Total Cases**

- Shoulder: 305
 - Elbow: 67
 - Knee: 224

- **PC Cases**

- Shoulder: 98
 - Elbow: 39
 - Knee: 18

- **DFD Cases**

- Shoulder: 127
 - Elbow: 18
 - Knee: 52

- **JEF Cases**

- Shoulder: 79
 - Elbow: 14
 - Knee: 140

OC Sports Fellowship

- **Select Cases**

- **Shoulder**

- Labral: 52
- RTC
 - Arthroscopic: 63
 - Open: 19
- Reverse TSA: 31
- TSA: 33
- Hum. Head Resurface: 2
- Glenoid Biologic Resurface: 1
- Prox. Humeral ORIF: 3
- McLaughlin: 2
- Glenoid ORIF: 2
- Post. Neer Shift: 1
- SC jt. Stabilization: 1
- Latarjet: 4
- HAGL: 2
- Pect. Major Repair: 2
- Open ACLR: 3

- **Elbow**

- ORIF Elbow: 13
- TEA: 10
- Elbow Scope: 14
- UCL: 10
- Distal Biceps: 7
- Triceps Repair: 2

- **Knee**

- ACL: 67
- Meniscus Repair: 15
- Multi-lig: 12
- OATS: 3
- Allograft OATS: 4
- Microfracture: 7
- Fulkerson: 9
- MPFL: 10
- HTO: 4
- Dist. Femoral Osteotomy: 1
- Proximal HS repair: 1
- OCD repair: 3
- ACI: 2
- DENOVO: 2
- Z-length ITB: 2

OC Sports Fellowship

- Conferences
 - Grand Rounds / M & M
 - Weekly
 - Sports Didactic Lecture Series
 - Monthly
 - Sports Medicine Fellows Conference
 - Weekly
 - Research, Case Presentation / Indications, Journal Club
 - Alternates such that 2 Research Meetings / Month

OC Sports Fellowship

- Meetings
 - AAOS
 - Sports and S / E Specialty Days
 - NFL Combines
 - Other...
 - Mayo Elbow Course
 - Tournier Shoulder Course
 - Cartilage Course

OC Sports Fellowship

- Call
 - No call required
 - May take paid call as long as it doesn't impact fellowship experience
 - Need time to read and do research

OC Sports Fellowship

- Accreditation
 - Application Complete
 - Site Visit Complete
 - Awaiting June ACGME meeting for final accreditation
 - We will be accredited!



OC Sports Fellowship

- Interview Day
 - Interviews
 - Tour Facilities, Meet with HR and OCRI
 - Lunch at Cantina
 - Plenty of time with attendings and current fellows
 - We adhere to the SF Match rules and regulations!
 - You will not be contacted
 - It doesn't mean we don't like you!
 - Call or email with any questions or concerns after your visit (james.fleischli@orthocarolina.com)

OC Sports Fellowship

Thank You!!!